

# Global Food & Friends

Calling all Newcomers, Migrants and Kiwis



Join us at our  
friendship group...

- \* Connect with others in a relaxed social setting
- \* Access information about local services
- \* Learn about other cultures (including Kiwi ways)
- \* Feel free to bring some finger food to share from your part of the world

**Everyone welcome**

**Venue:**

Level 1, Hearts & Minds  
(opposite Northcote Library)  
65 Pearn Crescent,  
Northcote

**Casual Drop In**

Wednesday, Weekly  
Time: 10:30am - 12:30pm

For enquiries, phone: (09) 441 8989  
or email: [info@heartsandminds.org.nz](mailto:info@heartsandminds.org.nz)